



2025 VISAA CROSS COUNTRY CHAMPIONSHIPS

November 6th, 2025

Panorama Farms - Earlysville, Virginia 22936

5,000 Meters

To all Athletic Directors and Coaches,

We are pleased to announce that the 2025 VISAA State Cross Country Championships will be held at beautiful Panorama Farms on November 6th, 2025. The course will open at 9:30 am. Please do not attempt to hold practice or tour the course at Panorama Farms before meet day.

Site Information –

Panorama Farms, 400 Panorama Road, Earlysville, Virginia 22936

Same course as the 2023 NCAA Division 1 Championship.

Porta- Johns will be available.

Concessions will be on sale.

Division Alignment –

We will be using the same division assignments as last year. Please see the link visaa.org/sports/cross-country if you have questions as to which division your school is in.

Admission fee – VISAA will charge a fee of \$10.00 for admission for the Championship. Please make parents aware of this policy. Tickets must be purchased on Go Fan. A ticket is the only way to get on the site for spectators.

<https://gofan.co/app/school/VISAA>

NEW FOR THIS YEAR

All schools are guaranteed at least 5 entries per gender. To get the full ten entries permitted all runners must meet the minimal qualifying time.

BOYS QUALIFYING TIME – 25:00.00

GIRLS QUALIFYING TIME – 30:00.0

ENTRY FEE

For 5 or more runners per gender the entry fee is \$100.00.

For entries below five, the fee is \$10.00 per runner.

Co-ed schools with full teams for both genders will owe \$200.00.

Each school will receive an invoice for their entry fees by email after entries for the meet close. The invoice will have a link which will allow the school to pay online, which is VISAA's preference. If schools prefer to pay by check, they may do so by making the check out to VISAA and mailing it to:

VISAA

ATTN: Cross Country

344 Maple Ave. W #102

Vienna, VA 22180

SCHEDULE

| | |
|-----------------|--|
| 9:30 am | Course opens |
| 11:00 am | Boys Division I Championship |
| 11:40 am | Girls Division I Championship |
| 12:20 pm | Boys Division II Championship |
| 1:00 pm | Girls Division II Championship |
| 1:40 pm | Boys Division III Championship |
| 2:20 pm | Girls Division III Championship |

AWARDS WILL TAKE PLACE FOR EACH DIVISION SHORTLY AFTER RESULTS ARE FINAL

DRESSING - All competitors should arrive dressed to compete. Dressing facilities will not be available.

Program & T-shirts – all rosters should be submitted in Excel spreadsheet to Winston Brown by October 10th. brownw@fuma.org

ENTRIES - will be done on milestat.com. Entries must be submitted by midnight Sunday November 2nd, 2025. There is a limit of 10 entries per school per gender. Athletes need to have competed in at least three 5k races. Meet password is VISAAXC2025.

EACH SCHOOL WILL NEED TO SUPPLY ONE MEET WORKER TO HELP IN CHUTE AREA.

Timing and results will be handled by Blue Ridge Timing.

Medical Policy - There will be a trainer on site to treat anyone needing medical attention while at the meet.

For Questions – please contact Winston Brown (brownw@fuma.org) – 540-256-4939

or John Green (greenj@stcva.org).

Many thanks,

Winston Brown

Fork Union Military Academy

